Spring Health The Clorox Company

Mental Health Leave and Accommodations (MHLA)

Your guide to clinical evaluations and personalized care

Getting started

If you are new to Spring Health:

1. Create your account at clorox.springhealth.com using your work email. You can switch to a personal email later.
2. Complete your online assessment to receive your personalized care plan and access your benefits.
3. Move to the next steps for your evaluation coordination

If you have a Spring Health account:

1. Scan the QR code or visit care.springhealth.com/members/mhla/trackers
2. Log in with your existing credentials.
3. Follow the prompts on the dashboard:
    a. Upload the medical paperwork from your leave administrator.
    b. Sign the release of information form.
    c. Schedule your evaluation appointment.

Why we do it this way

Spring Health connects you to a licensed provider who delivers a high-quality assessment and necessary clinical documentation to go along with it. By uploading your paperwork and signing the release form, you allow us to handle the heavy lifting of coordinating with your leave administrator on your behalf.

What's next?

1. Attend your evaluation appointment(s).
2. Track your evaluation progress through the MHLA tracker.
3. Continue to use Spring Health to complete your care plan and move towards recovery.

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