Spring Health

The Clorox Company

Mental Health Leave and Accommodations (MHLA)

Your Guide to Clinical Evaluations and Personalized Care

Taking time for your mental health is a brave step toward feeling like yourself again. At Spring Health, we help make the evaluation and coordination process simple.

Your employer's absence management administrator will make the final decision on your request. We are here to handle the required clinical assessment and paperwork hand-off so you can stay focused on recovery.

How to get started

New to Spring Health:

i. Create your account at **clorox.springhealth.com** using your work email. You can switch to a personal email later.
ii. Complete your online assessment to receive your personalized care plan and access your benefits
iii. Move to the next steps for your evaluation coordination

Have a Spring Health Account:

i. Scan the QR code to the right or visit the link: www.care.springhealth.com/members/mhla/trackers.
ii. Log in with your Spring Health credentials
iii. Follow the prompts on the dashboard:
iv. Upload the medical paperwork from your leave administrator
v. Sign the release of information form

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Your employer has partnered with Spring Health to provide you with mental health care that is connected, personalized, and proven. We're honored to be part of your journey.

Why we do it this way

To make this process as smooth as possible, Spring Health connects you to a licensed provider who delivers a high-quality assessment and necessary clinical documentation to go along with it. By uploading your paperwork and signing the release form, you allow us to handle the heavy lifting of coordinating with your leave administrator on your behalf.

What to expect during and after your appointment

A safe space for evaluation

Your evaluating provider will take the time to understand how your mental health is affecting your daily life and recommend care that will work for you. This may take more than one appointment.

Tracking your progress

Stay updated through our MHLA tracker. We'll keep you posted as we complete your evaluation and send the documents to your leave administrator.
Note: Your leave administrator will provide the final update regarding the approval of your request.

Care for the journey ahead

Continue to use Spring Health to meet with a care team tailored to your specific needs. Together, you'll meet throughout your journey, track your progress, develop a return-to-work plan that feels right for you, and help you transition back to your daily life when you're ready.



Get started:

clorox.springhealth.com

Contact Spring Health:

springhealth.com/support
1-855-629-0554
General support: M-F, 8am-11pm ET
Crisis support: 24/7 (option 2)

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